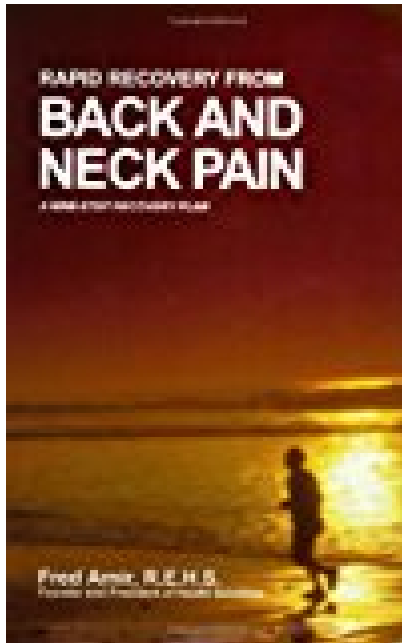


# Rapid Recovery from Back and Neck Pain A Nine-Step Recovery Plan

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## BOOK DETAILS

- Author : Fred Amir
- Pages : 282 Pages
- Publisher : Health Advisory Group
- Language : English
- ISBN : 0966982614

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## **BOOK SYNOPSIS**

This is a unique and fascinating account of one mans search for a cure. You accompany the author as he searches, like a detective, for clues to solve the mystery of back and neck pain and share with him the joy of rapid recovery from months of pain and disability. You discover crucial research information as well as easy and effective strategies for rapid recovery. This book provides you the tools to design your own rapid recovery plan for a pain-free and active life. Book jacket.

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